

Display Screen Equipment (DSE) – Assessment

Introduction

The Display Screen Equipment Regulations 1992 require an assessment to be made of all workstations. This course is designed to provide practical guidance on how to conduct such an assessment. Cases of repetitive strain injuries (RSI) and work related upper limb disorders (WRULDs) have been related to excessive periods of continuous intensive work as a keyboard combined with a badly designed/set-up workstation. This course has been designed, therefore to not only meet the legal minimum requirement, but also to minimise the likelihood of costly civil actions as a result of poor ergonomic practices.

Course Content

The course will help delegates understand the Display Screen Equipment Regulations 1992 and assist in the identification of hazards to health, including ergonomics, equipment requirements and the work pattern. Delegates will also gain an understanding of conducting and recording suitable assessments of workstations.

Learning Outcomes

- An understanding of the extent of the ill-health effects from poorly designed tasks and workstations
- A thorough knowledge of the legal requirement and guidelines relevant to their role as an assessor
- An understanding of posture and efficient movement principles, including those related to task, environment and equipment
- The skill to implement strategies including training needs for display screen equipment users

Attended by

All those with line management responsibilities and those who have been appointed as DSE Assessors and anyone involved in delivering staff inductions

Duration

One day

Cost & Dates

£175 per delegate - open course at our Warrington Venue
Call 0844 941 1108 today for further information.

£500 In-house/company delivery (up to a maximum of 12 delegates)

Dates – To suit client

Certification

On successful completion of this course you will receive a Soteria Safety and Health certificate.